

# Mini Football



**Mini Football Training Program** is tailored to children who aged 3-12. We use smaller balls to encourage quality technique and allow children to become more comfortable with the ball at their feet. We let children try different skills and play in different positions, believing that they should experience all techniques at an early age.

課堂針對成長中的兒童〔三至十二歲〕。我們使用更小的球，讓孩子們更容易學習控球和傳球等基本動作。在課堂中，孩子會擔任不同的足球崗位，讓他們在這年齡便能學習足球的多項技巧。



<b>Day</b>	<b>: Every Thursday</b>
<b>Time</b>	<b>: 4pm-5pm (Age 3-5 years)</b> <b>: 5pm-6pm (Age 6-12 years)</b>
<b>Fee</b>	<b>: \$150 per class</b>
<b>Venue</b>	<b>: Squash Court B/Tennis Court</b>



**For enquiries and registration, please contact the Fitness Centre on 2657 8292**

**如需查詢及報名，請致電2657 8292與康樂部職員聯絡**